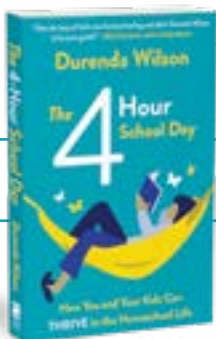


The 10 Most Important Questions to Answer **EVERY YEAR** Before School Starts

Durenda Wilson, author of *The Four Hour School Day*

- 1 If you could write a short mission statement (call it a rough draft for now) what would it say?
- 2 Do you believe that independent (self-directed) time is an important part of your kids' day? Why?
- 3 If you could envision a more relaxed rhythm to your days, what might that look like?
- 4 Are there adjustments you could make to your daily life that would create more consistency?
- 5 List a few things you know your child has learned outside of education (include developmental milestones and responsibilities).
- 6 What kind of life do you want to have with your kids?
- 7 In what ways can you encourage a growth mindset in your child? How about in yourself?
- 8 Are you keeping a good pulse on where your child is physically, mentally, emotionally, and spiritually? If not, how can you do this regularly?
- 9 In what areas are you still parenting where you should be coaching? How can you begin to transition to more consultation and fewer directives?
- 10 What are some ways you could encourage your teen to own more of their life?



For more, visit: durendawilson.com